

Baker Tom Ingredients Guidelines March 2021

Product	Ingredients	Any allergens traces	
Sweet treats			
Hot Cross Buns / Hot Cross Loaf	Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Raisins, Water, Milk , Mixed Peel (Orange Peel, Lemon Peel, Glucose-Fructose Syrup, Salt, Citric Acid, Preservative (Sulphur Dioxide)), Sugar, Butter (Milk), Egg , Yeast, Mixed Spices, Salt, Rapeseed Oil, Baking Powder, Orange Juice.	Gluten, Milk, Egg	Veg
Croissant	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Butter (Milk), Water, Sugar, Yeast, Whole Milk Powder, Wheat Gluten , Salt, Emulsifier (Rape Lecithin), Flour Treatment Agents (Ascorbic Acid, Alpha-Amylases, Hemicellulases).	Gluten, Milk	Veg
Pain Au Chocolat	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Butter (Milk), Water, Chocolate 10% (sugar, cocoa mass, cocoa butter, emulsifier(Soya Lecithin), natural vanilla flavour), Sugar, Yeast, Whole Milk Powder, Wheat Gluten , Salt, Emulsifier (Rape Lecithin), Flour Treatment Agents (Ascorbic Acid, Alpha-Amylases, Hemicellulases).	Gluten, Milk, Soya	Veg
Pain Aux Raisin	Water, White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Butter (Milk), Raisins (9%), Eggs , Sugar, Modified Starch, Yeast, Skimmed Milk Powder, Powdered Whey (Milk), Salt, Wheat Gluten , Emulsifier (Rape Lecithin), Vanilla, Stabilizers (Calcium Acetate, Tetrasodium Diphosphate), Fruit & Plant Extract (Carrot, Paprika, Tumeric), Flour Treatment Agent (Ascorbic Acid), Enzymes(Hemicellulases, Amylases), Natural Flavouring.	Gluten, Milk, Egg	Veg
Fruit Scone	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Milk , Butter (Milk), Sugar, Egg , Raisins (4.5%), Baking Powder (Raising Agent: Sodium Pyrophosphate, Sodium Bicarbonate; Fortified Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin))	Gluten, Milk, Egg	Veg
Plain Scone	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Milk , Butter (Milk), Sugar, Egg , Baking Powder (Raising Agent: Sodium Pyrophosphate, Sodium Bicarbonate; Fortified Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin))	Gluten, Milk, Egg	Veg
Saffron Bun	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Raisins, Milk , Water, Caster Sugar, Currants, Butter (Milk), Egg , Yeast, Orange, Lemon, Salt, Saffron.	Gluten, Milk, Egg	Veg
Teacake	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Currants, Certified Sustainable RSPO Palm Fat, Yeast, Egg , Sugar, Butter (Milk), Salt	Gluten, Milk, Egg	Veg
Kernow Curl	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Butter (Milk), Raisins, Milk , Water, Sugar, Egg , Currants, Mixed Peel, Yeast, Salt, Cinnamon	Gluten, Milk, Egg	Veg
Cinnamon Knots	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Sugar, Butter (Milk), Milk , Egg Water, Yeast, Salt, Cinnamon.	Gluten, Milk, Egg	Veg

Banana Chocolate Slice	Banana, Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Sunflower Seed, Oil, Sugar, Chocolate (6%)(min Cocoa Solids 70%) [Cocoa Mass, Sugar, Fat-Reduced Cocoa Powder, Emulsifier Soya Lecithin], Bicarbonate of Soda, Cinnamon, Apricot Jam [Glucose Syrup, Apricot Puree Concentrated, Granuated Sugar, Acidity Regulators: Citric Acid, Trisodium Citrate: Gelling Agent: Pectin; Natural Flavouring, Colour; Algal Carotenes; Preservative: Potassium Sorbate], Salt, Vanilla Essence [Water, Monopropylene Glycol, Colour (Caramel), flavourings]	Gluten, Soya	V
Savoury			
Cheese Scone	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Milk , Cheddar Cheese (Milk) (21%), Butter (Milk), Wholegrain Mustard , Baking Powder (Raising Agent: Sodium Pyrophosphate, Sodium Bicarbonate; Fortified Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin)), Sea Salt, Black Pepper, Thyme	Gluten, Milk, Mustard	Veg
Breads			
Organic White	Organic White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water*, Sea Salt*, Yeast*	Gluten	V
Organic Wholemeal	Organic Wholemeal Wheat Flour , Water*, Sea Salt*, Yeast*	Gluten	V
Organic Malthouse	Organic White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Organic Wholemeal Wheat Flour , Organic Malted Wheat Flakes , Organic Malted Barley Flour , Water*, Sea Salt*, Yeast*	Gluten	V
Organic Seeded Spelt	Organic Spelt Wheat Flour , Water*, Organic Seven Seed Mix (Organic Oat Flakes , Organic Chopped Rye , Organic Polenta, Organic Sunflower Seed, Organic Millet Seed, Organic Linseed, Organic Sesame Seed), Sea Salt*, Yeast*	Gluten, Sesame	V
Organic 100% Rye	Organic Rye Flour , Water*, Sea Salt*	Gluten	V
Organic Seeded Sourdough	Water*, Organic White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Organic Wholemeal Wheat Flour , Organic Malthouse Wheat Flour (Organic White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Organic Wholemeal Wheat Flour , Organic Malted Wheat Flakes , Organic Malted Barley Flour), Organic Pumpkin Seed, Organic Rye Flour , Organic Seven Seed Mix (Organic Oat Flakes , Organic Chopped Rye , Organic Polenta, Organic Sunflower Seed, Organic Millet Seed, Organic Linseed, Organic Sesame Seed), Organic Sunflower Seed, Organic Agave Syrup, Sea Salt*	Gluten, Sesame	V
Organic Classic Sourdough	Organic White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water*, Organic Rye Flour, Organic Wholemeal Wheat Flour , Sea Salt*	Gluten	V
Light Wholemeal	Organic Wholemeal Wheat Flour , White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Certified Sustainable RSPO Palm Fat, Yeast, Sea Salt	Gluten	V
Rosemary and Seasalt Focaccia	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Extra Virgin Olive Oil, Yeast, Sea Salt, Rosemary	Gluten	V

Goats Cheese and Red Onion Focaccia	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Goats Cheese (Milk), Red Onion, Extra Virgin Olive Oil, Yeast, Fine Sea Salt	Gluten, Milk	Veg
Ciabatta	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Organic Rye Flour, Olive Oil, Yeast, Sugar, Sea Salt	Gluten	V
Rustic Baguette	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Sea Salt, Yeast	Gluten	V
Light Wholemeal Roll	Water, Wholemeal Wheat Flour, White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Certified Sustainable RSPO Palm Fat, Yeast, Sea Salt	Gluten	V
Ciabatta Roll	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Organic Rye Flour, Olive Oil, Yeast, Sugar, Sea Salt	Gluten	V
Soft White Roll / Soft White Hot Dog Roll	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Yeast, Certified Sustainable RSPO Palm Fat, Sugar, Salt.	Gluten	V
Glazed Roll	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Milk , Sugar, Yeast, Egg , Certified Sustainable RSPO Palm Fat, Butter (Milk), Salt	Gluten, Milk, Egg	Veg
Hot Dog Roll	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Milk , Sugar, Yeast, Egg , Certified Sustainable RSPO Palm Fat, Butter (Milk), Salt	Gluten, Milk, Egg	Veg
	Rapeseed oil is sometimes used to grease the non-organic bread tins		

Please Note

Veg = Suitable for a lacto - ovo vegetarian diet

V = Suitable for a vegan diet

Palm Fat - (Supporting the production of RSPO Certified Sustainable Palm Oil under the Green Palm Programme.)

Nuts and Seeds - All products are produced in an environment that use nuts and seeds (including Sesame) in other products.

Milk and Eggs - All products are produced in an environment that use milk and eggs in other products.

Gluten - All products are produced in an environment that uses gluten in other products.