



### Baker Tom Ingredients & Allergens January 2024

Product	Ingredients	Any allergens traces	Suitable for
<b>Sweet treats</b>			
Croissant	White Wheat Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Butter ( <b>Milk</b> ), Water, Sugar, Yeast, Whole <b>Milk</b> Powder, <b>Wheat Gluten</b> , Salt, Emulsifier (Rape Lecithin), Flour Treatment Agents (Ascorbic Acid, Alpha-Amylases, Hemicellulases). Hi-Glaze ((Water, pea protein, Dextrose)).	Gluten, Dairy	Veg
Pain Au Chocolat	White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Butter ( <b>Milk</b> ), Water, Chocolate 10% (sugar, cocoa mass, cocoa butter, emulsifier ( <b>Soya Lecithin</b> ), natural vanilla flavour), Sugar, Yeast, Whole <b>Milk</b> Powder, <b>Wheat Gluten</b> , Salt, Emulsifier (Rape Lecithin), Flour Treatment Agents (Ascorbic Acid, Alpha-Amylases, Hemicellulases), Hi-Glaze ((Water, pea protein, Dextrose)).	Gluten, Dairy, Soya	Veg
Pain Aux Raisin	Water, White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Butter ( <b>Milk</b> ), Raisins (9%), <b>Eggs</b> , Sugar, Modified Starch, Yeast, Skimmed <b>Milk</b> Powder, Powdered Whey ( <b>Milk</b> ), Salt, <b>Wheat Gluten</b> , Emulsifier (Rape Lecithin), Vanilla, Stabilizers (Calcium Acetate, Tetrasodium Diphosphate), Fruit & Plant Extract (Carrot, Paprika, Tumeric), Flour Treatment Agent (Ascorbic Acid), Enzymes(Hemicellulases, Amylases), Natural Flavouring. Hi-Glaze ((Water, pea protein, Dextrose)).	Gluten, Dairy, and Egg	Veg
Raspberry Filled Vegan Croissants	<b>Wheat</b> flour, water, vegetable fat 17% (non-hydrogenated palm oil, water, non-hydrogenated coconut oil, non-hydrogenated rapeseed oil, salt, emulsifier (mono-diglycerides of fatty acids) acidity regulator (lactic acid), natural flavouring), raspberry filling 16% (glucose-fructose syrup, raspberries 5%, sugar, gelling agent (pectin), acid (citric acid), acidity regulator (tricalcium citrate), preservative (potassium sorbate), natural flavouring), sugar, yeast, finish 3%(sugar, non-hydrogenated palm oil, radish, blackcurrant and apple concentrate), spelt <b>WHEAT</b> flour, <b>WHEAT</b> gluten, salt flour treatment agents (alpha-amylases, hemicellulases, ascorbic acid).	<b>Wheat/Gluten</b>	VG
Fruit Scone	White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), <b>Milk</b> , Butter ( <b>Milk</b> ), Sugar, <b>Egg</b> , Raisins (4.5%), Baking Powder (Raising Agent: Sodium Pyrophosphate, Hi-Glaze ((Water, pea protein, Dextrose))).	Gluten, Dairy, and Egg	Veg
Plain Scone	White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), <b>Milk</b> , Butter ( <b>Milk</b> ), <b>Egg</b> , Baking Powder (Raising Agent: Sodium Pyrophosphate, Hi-Glaze ((Water, pea protein, Dextrose))).	Gluten, Dairy, and Egg	Veg
Saffron Bun	White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Raisins, <b>Milk</b> , Water, Caster Sugar, Currants, Butter ( <b>Milk</b> ), <b>Egg</b> , Yeast, Mixed Peel [Orange Peel (46%), Glucose-fructose syrup, Lemon Peel (11%), Sugar, Potassium Sorbate, Sulphur Dioxide, Citric Acid], Salt, Hi-Glaze ((Water, pea protein, Dextrose)), Saffron.	Gluten, Dairy, and Egg	Veg

Kernow Curl	White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Butter ( <b>Milk</b> ), Raisins, <b>Milk</b> , Water, Sugar, <b>Egg</b> , Currants, Mixed Peel, Yeast, Salt, Cinnamon	Gluten, Dairy, and Egg	Veg
<b>Savoury</b>			
Cheese Scone	White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), <b>Milk</b> , Davidstow Cheddar Cheese ( <b>Milk</b> ) (21%), Butter ( <b>Milk</b> ), Wholegrain <b>Mustard</b> , Baking Powder (Raising Agent: Sodium Pyrophosphate, Sea Salt, Black Pepper, Thyme	Gluten, Dairy, Mustard seeds	Veg
<b>Breads</b>			
Organic White	Organic White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water*, Sea Salt*, Yeast*	Gluten	V
Organic Wholemeal	Organic Wholemeal <b>Wheat</b> Flour, Water*, Sea Salt*, Yeast*	Gluten	V
Organic Malthouse	Organic Light Malthouse <b>Wheat</b> Flour ((Organic White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water*, Sea Salt*, Yeast*	Gluten	V
Organic Sourdough	Organic White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water*, Organic <b>Rye</b> Flour, Organic Wholemeal <b>Wheat</b> Flour, Sea Salt*, Organic <b>Semolina</b>	Gluten	V
Organic 100% Rye	Organic Rye Flour, Water*, Sea Salt*	Gluten	V
Organic Sourdough Bloomer	Organic White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water*, Organic <b>Rye</b> Flour, Organic Wholemeal <b>Wheat</b> Flour, Sea Salt*, Organic <b>Semolina</b>	Gluten	V
Bit of Both	<b>Wheat</b> Flour, White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Certified Sustainable RSPO Palm Fat, Yeast, Sea Salt	Gluten	V
Rosemary and Seasalt Focaccia	White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Extra Virgin Olive Oil, Yeast, Sea Salt, Rosemary	Gluten	V
Garlic & Parsley Focaccia	White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Garlic, Sea Salt, Extra Virgin Olive Oil, Yeast, Parsley	<b>Wheat</b>	V
Ciabatta	White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Organic <b>Rye</b> Flour, Pomace Oil, Yeast, Sea Salt, <b>Semolina</b>	Gluten	V
Rustic Baguette	White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Organic <b>Rye</b> Flour, Water, Sea Salt, Yeast	Gluten	V
Glazed Roll	White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, <b>Milk</b> , Sugar, Yeast, <b>Egg</b> , Certified Sustainable RSPO Palm Fat, Butter ( <b>Milk</b> ), Hi-Glaze ((Water, pea protein, Dextrose)), Salt.	Gluten, Dairy and Eggs	Veg
Bit of Both Roll	<b>Wheat</b> Flour, White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Certified Sustainable RSPO Palm Fat, Yeast, Sea Salt	Gluten	V

Vegan Roll	White <b>Wheat</b> Flour ( <b>wheat</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Certified Sustainable RSPO Palm Fat, Yeast, Hi-glaze (Water, Pea protein, Dextrose) , Salt	Gluten	V
Ciabatta Roll	White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Extra Virgin Olive Oil, Yeast, Sea Salt, <b>Semolina</b>	Gluten	V
Soft White Roll	White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, Yeast, Certified Sustainable RSPO Palm Fat, Sugar, Salt.	Gluten	V
Slider Roll	White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, <b>Milk</b> , Sugar, Yeast, <b>Egg</b> , Certified Sustainable RSPO Palm Fat, Butter ( <b>Milk</b> ), Hi-Glaze ((Water, pea protein, Dextrose)), Salt.	Gluten, Dairy and Eggs	Veg
Hot Dog Roll	White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, <b>Milk</b> , Sugar, Yeast, <b>Egg</b> , Certified Sustainable RSPO Palm Fat, Butter ( <b>Milk</b> ), Hi-Glaze ((Water, pea protein, Dextrose)), Salt.	Gluten, Dairy and Eggs	Veg
Mini Hot Dog Roll	White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Water, <b>Milk</b> , Sugar, Yeast, <b>Egg</b> , Certified Sustainable RSPO Palm Fat, Butter ( <b>Milk</b> ), Hi-Glaze ((Water, pea protein, Dextrose)), Salt.	Gluten, Dairy and Eggs	Veg
Seeded Sourdough	Water*, Organic White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Organic Seven Seed Mix ((Organic Oat Flakes (Gluten), Organic Chopped Rye (Gluten), Organic Polenta, Organic Sunflower Seeds, Organic Millet Seeds, Organic Brown Linseed, Organic Golden Linseed)), Organic Malthouse <b>Wheat</b> Flour ((Organic White <b>Wheat</b> Flour (with added Calcium Carbonate, Iron, Niacin & Thiamin), Organic Wholemeal <b>Wheat</b> Flour, Organic Malted <b>Wheat</b> Flakes, Organic Malted <b>Barley</b> Flour)) , Organic <b>Rye</b> flour, Sea Salt*, Organic <b>Semolina</b>	Gluten, Sesame Seeds,	Veg
<b>A Vegetable oil based lubricant is sometimes used to grease tins –</b>	Vegetable oil, Lecithin		

Please Note Veg = Suitable for a lacto – ovo vegetarian diet

V = Suitable for a vegan diet

Palm Fat - (Supporting the production of RSPO Certified Sustainable Palm Oil under the Green Palm Programme.)

Nuts and Seeds – All products are produced in an environment that use nuts and seeds (including Sesame) in other products.

Milk and Eggs - All products are produced in an environment that use milk and eggs in other products.

Gluten - All products are produced in an environment that uses gluten in other products.